# TRANSFORM

TRANSFORMING FUTURES TODA

ALMOST HOME

30 years of empowering moms

# STARTING A JOURNEY

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# **150 YEARS OF HEALING AND LOVE**

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SPRING 2023



# **ALMOST HOME**

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**ALMOST HOME** alumna and this year's mom in the spotlight, Ka'Drea Harrison, with her children at Kiener Park in downtown St. Louis. Photographs in Kiener Park, pg 1-5, from Captured Moments by Simmons Photography.



#### THE FUTURE OF OUR CITY DEPENDS ON US. WE CANNOT DO IT WITHOUT YOU.

#### A MESSAGE FROM OUR Executive Director

As we close out 2022, we recognize the many fearless leaders who paved the way for excellence and opportunity for teenage pregnant and parenting moms over the last 29 years.

Entering this organization on an interim basis provided me with so much insight into what has been done and what else can be done. Watching new babies join our family at Almost Home and moms move out to successfully live independently has been exciting and inspirational. As we prepare to celebrate 30 years of serving in 2023, I look forward to shoring up our core programs, reaching more young moms, and expanding services in the St. Louis region.

Our dedicated staff have the desire to make a difference in the lives of others—a difference in the health of our community—by offering amazing therapeutic and case management services.

The need is great. The future of our city depends on us. And we cannot do it without you.

Stay tuned for so much more.

Hwona O Brotkins

Huvona Watkins **ALMOST HOME** Executive Director



Huvona Watkins, then Interim Executive Director, with MiTek employees while dropping off holiday gifts for the young families at Almost Home.



Ronita Herron, Almost Home's Interim Director of Program and Performance, celebrating holiday spirit week with Huvona. Together, they led Almost Home's transition into the new year and the next 30 years of empowering young moms.



**More from ALMOST HOME** Receive updates from the Almost Home team throughout the year when you subscribe to our newsletter at: almosthomestl.org/newsletter or scan the QR code with your phone.

# MOM SPOTLIGHT: KA'DREA HARRISON Starting a Journey

# "ALMOST HOME IS LIKE *Adulthood*, *Motherhood*, & *Womanhood* ON TRAINING WHEELS."

**It has been eleven years** since Ka'Drea came to Almost Home with her 22-month-old daughter, Dezireé. Going through the original challenges that brought her here has given her a new perspective. "Considering my age, wisdom, and capabilities at that time, it would've been a lot to have to figure it all out on my own – go to school, heal, and find ways to provide stability for us," she explains. It's Ka'Drea's grandmother who ultimately introduced her to Almost Home, reassuring her that this could be the start of her journey with her daughter and it truly was! Ka'Drea talks about her experience at Almost Home with fond memories, "I was able to balance motherhood and transition into adulthood in a way that didn't have to feel or be overbearing." As our young moms are encouraged to do, Ka'Drea took advantage of Almost Home's Foundations to Success program. She got hands-on training with parenting classes, personal care, a support system, and assistance leading her to get her high-school diploma. She explains, "My biggest needs were guidance and balance. Being there [at Almost Home], I was shown how I could meet my daughter's needs as well as my own — mentally, physically, and emotionally."



Ka'Drea with her children, Dezireé and Antonio, at Kiener Park in downtown St. Louis. Ka'Drea works at BJC as a Transplant Program Assistant and is studying at North Tech to become an LPN.



(From left) Ka'Drea at her high school graduation with Rhonda Gray, then **ALMOST HOME** Executive Director; Ka'Drea's son, Antonio.

By living at Almost Home, Ka'Drea was granted the time to define who she was and who she wanted to be, creating a solid routine and plan for her and her daughter, finishing high school, and growing into a responsible young adult. She is now working at BJC as a Transplant Program Assistant and this fall, she will attend North Tech to become an LPN. She thinks back on her time at Almost Home, saying, "Without Almost Home, I would have had to rush that process in a way that may not have resulted in the foundation or success I have now. I was truly empowered when I needed it most." and look to life after living in the transitional apartments. Ka'Drea sums it up best here: "Almost Home is like adulthood, motherhood, and womanhood on training wheels. They prepare you to take the training wheels off, and when you are ready, they let you go! And when you look back, they are cheering you on as you continue your journey. You then come to the realization that you're actually on your own but still, not alone."

It is not easy to talk about the struggles that might bring a young mom to our front door, and every story is unique to

#### "BEING THERE [AT ALMOST HOME], I WAS SHOWN HOW I COULD MEET MY DAUGHTER'S NEEDS AS WELL AS MY OWN – MENTALLY, PHYSICALLY, AND EMOTIONALLY."

Almost Home opened the door for Ka'Drea to participate in a volunteer program at the United Way 211 call center and she was hired soon after, which helped her grow professionally. Before leaving Almost Home, she spoke with the case manager to create a budget and a plan. She transferred to living in our transitional living apartments across the street. She took advantage of Almost Home's alumni classes to help learn how to maintain a household, budget, create goals for her future,

each mom. Ka'Drea told us that success at Almost Home boils down to the moms choosing to participate. There is an urge when you arrive to rebel against the rules or structure, but the moment a mom chooses to embrace it, they concurrently are giving themselves a chance at a better life. She says, "I'm very grateful that I had Almost Home. Their services provided a foundation for two generations to grow and prosper!"

**INVEST IN TRANSFORMATION.** There are several ways to give and we would love to begin a conversation about how we can work together to impact the lives of moms and children at **ALMOST HOME**. Visit <u>almosthomestl.org/give</u> to make a donation today and find information on tax incentives.



BREAKING THE CYCLE OF POVI

### MISSION AND MILESTONES

# ALMOST HOME SERVED **94** *families,* **76** *children,* AND **15,703** *meals* IN 2022.



All mothers want the same thing for their children: a long and healthy life, a safe environment, and a sound education. The teenage mothers who come to Almost Home are special. They come to us pregnant, or already parenting young children while struggling to create their identities and define a life for themselves and their children. An absence of role models, unstable housing, violence, and poor education



Brianna's daughter, DaNiyaa J., celebrating her birthday that was made possible by Almost Home's community partner, Sweet Celebrations.

The cycle of poverty continues to limit young moms who are fighting just to meet their basic needs.

have set them on a path to continue the cycle of poverty they are experiencing. Additionally, 60% of our moms report experiencing some level of homelessness before coming to Almost Home. But they are highly motivated and ready to do the work required to improve their lives and the lives of their children. Certainly, this generational cycle is not easy to overcome. But, at Almost Home, there is hope.

**BRIANNA** was homeless before entering Foundations to Success (FTS), Almost Home's signature program. The model focuses jointly on the development of both Brianna and her children. Our tailored, family wrap-around programs promote positive parent-child interactions and healthy child development, teach problem-solving skills, and improve the family's support system. We tear down barriers to progress and lead our moms and their families to upward mobility, a stable family life, and a happy, hopeful future.

Members spend up to two years building their confidence, graduating high school, gaining essential skills, and training before completing our program. With the support of the FTS program staff, Brianna gained employment and secured her own apartment in just thirty days!

PICTURE LEFT: India, young mother and **ALMOST HOME** Transitional Living member, with Heather Jacobs, Development Associate, at the annual 2022 holiday party. Heather has been serving young moms at Almost Home since 2016. All of our staff are hands-on and consider it a great responsibility to walk with moms in the journey of a lifetime.

# THE HOME CONTINUUM OF CARE

Almost Home's continuum of care was developed out of the need identified in greater St. Louis, MO to provide services beyond transitional living. Creating a continuum allows for our Foundations to Success program to reach a larger population of young moms in need of supportive services.

## FOUNDATIONS to Success

SHELTER SERVICES	TRANSITIONAL LIVING	INDEPENDENT LIVING	COMMUNITY LIVING	ALUMNI SERVICES
# of moms served in 2	2022 42	(10)	19	23
Assists moms with emergency housing. 6,259 shelter nights in 2022	16-21 year-old young mothers receive a safe and stable home, food, clothing, baby supplies, case management and therapy, college and career readiness, and life skills courses.	Help young moms increase their self- sufficiency through continued case management and support while living in their own Almost Home apartment.	Community-based and aftercare services allow young moms living in the community to benefit from drop-in services and case management services as needed.	Alumni are eligible for benefits such as case management and therapy. May also volunteer for Almost Home, facilitate empowerment groups, and mentor other moms.

Almost Home staff are committed to breaking the cycle of poverty by supporting our young moms and their children. We know that poverty has long lasting and far-reaching negative effects. We also know that without intervention, young families living in poverty will experience health disparities, lack academic progress, and endure social adjustment issues. What does all that really mean? How do we achieve this? What is a two-generation approach to assisting families? Our programs promote opportunities that work for moms and children jointly. We attempt to focus on promoting moms as nurturers but also as breadwinners. Examples include parenting classes, cooking classes, finishing education (including postsecondary) and workforce development. Additionally, we promote early education and supports for their children.

Almost Home helps to provide a safe and community focused place to live and the tools to learn and grow, but it is the moms that make the difference. Alumna Ka'Drea says it best,

#### "It boils down to the moms choosing to participate. The moment a mom chooses to embrace it, she is giving herself a chance at a better life."

Weekday mornings at Almost Home are dedicated to achieving education and employment goals. Partnerships with school districts, postsecondary institutions, and employment programs help us provide the best option for each mom. To



**2022 MILESTONES** Kayli and her children moved into the **ALMOST HOME**'s Independent Living Apartments in April 2022 after completing the Foundations to Success program.



(From left) Heaven with her daughter, Grace, dressed up for **ALMOST HOME**'s annual holiday party; Kyra with her son, Kashton, photographed by Almost Home alumna, Tamra Ransom, at the Almost Home Baby Shower fundraiser.

prepare for employment, each mom builds a resume, researches careers, and participates in mock interviews. Family and Workforce Centers of America provides career counseling and connections to internships. Nineteen of our moms secured their first job or a new job in 2022.

**HEAVEN** came to Almost Home in 2022 and reached her FTS program goals in just a few short months. On her own, she sought out a job at a daycare. She used her learned and innate parenting skills and her genuine love of kiddos to find a job she loves, that allows her to bring her baby, Grace, to work with her!

KYRA began working full-time during her stay at Almost Home in 2022. She surpassed her savings goal of \$1,000 and bought a car. This enabled her to get to daycare and her job more efficiently and have the flexibility she needed. Job security is certainly a big and necessary step towards self-sufficiency.

165 different LIFE SKILLS COURSES 90% of moms enrolled in CONTINUING EDUCATION Almost Home brings stability to their lives to disrupt the cycle of poverty. When people think of Almost Home, they usually think about the housing and meals we provide for our young moms. That is certainly at the heart of our mission, allowing the moms to feel safe, healthy, and secure with their babies and young children. But we are more than a homeless shelter.

Once our moms know they have a place to live, food, and clothes for themselves and their children, they can focus on their goals. For many this means securing a high school diploma, getting a full-time job, finding daycare, and getting the support of our licensed therapists in one-on-one and group sessions. Our goal is to support their mental health and emotional growth.

> Education, employment, parenting skills, emotional well-being, and positive relationships are key factors in breaking the cycle of poverty for teenage moms and their children.

# ALUMNI SPOTLIGHT Finding a "Forever Home"

**One of the indicators of success** for our moms is housing stability. Eventually, some of our moms dream of owning their own homes. Homeownership a stretch for many and is especially challenging for low-income, first-time homebuyers who may have difficulty making a sizeable down payment, and these difficulties may be especially pronounced for persons who are Black, Indigenous or people of color.

JOANNA, an Almost Home alumna, would not be deterred. With Almost Home staff's help, she created a plan that included completing a first-time home buyer's program through Together Credit Union, setting realistic goals, and keeping to her deadlines. Joanna received mortgage preapproval after completing the program. She began looking for homes right away and she and her family moved into their new home in May 2022. Joanna's family includes her daughter and her foster puppies from Stray Rescue.

#### "I'M SETTING THE EXAMPLE FOR MY DAUGHTER TO BE INDEPENDENT, WHILE CREATING GENERATIONAL WEALTH."

Joanna says being a homeowner is amazing because not only does she enjoy gardening and landscaping her own yard, but she also knows each month she pays her mortgage that she is building equity in herself and her family.

**Two-generational approaches** build on child development research that indicate parents are critical to healthy children's development. Parenting has such a strong impact on children's development that parental stress particularly caused by pov-



Joanna and her daughter, Julianna, in their "Forever Home." Joanna started working on her landscaping and gardening right after moving into her new home.



Tamra with her son, Ethan, at her alma mater, Webster University. Tamra served as the official photographer at **ALMOST HOME**'s 2022 Baby Shower fundraising event.

erty can affect children's learning and development. The first few years of a child's life are critical. Children need stability as well as responsive and nurturing relationships.

When a mom and her children leave Almost Home, they continue to be part of our family. To support them as they move forward, we offer ongoing access to coaching, life-skills classes, and support groups to provide them with much-needed referrals to community resources.

IN 2022, HOME STAFF completed 343 training hours. Our VOLUNTEERS served 2,550 hours. **TAMRA** has been a part of our Alumni program since 2013. She worked for Almost Home as a Transitional Living Coach because she wanted to give back to the moms what she received when she needed a stable home for her son, Ethan, and herself. Tamra has her Bachelor of Arts degree in Studio Engineering from Webster University and started her own photography business in 2022. We love it when our moms cultivate their talents and find their passion for what they do!

We are transforming lives. Children can affect mom's ability to succeed. Our model positively impacts family selfsufficiency and child development. Our transitional home is the foundation for our young moms to learn how to cook, write a resume, interview for a job, set goals and work to achieve them, find daycare for their children, set a budget and manage money, care for their baby, and how to be the best mom they can be.

It is hard work for our moms, but they are dedicated to their future and the future of their children. That is what Almost Home is all about.



CREATE YOUR OWN HOME FUNDRAISER ON FACEBOOK & INSTAGRAM

Unite your community to end the cycle of poverty! Begin by clicking "Fundraiser" in the left menu of your Facebook News Feed or tap "Add Fundraiser" when creating a post in Instagram.



### FINANCIAL STATEMENTS 2022

#### STATEMENT OF FINANCIAL POSITION

Assets	
Current Assets	
Cash and cash equivalents	\$ 1,228,912
Investments	329,262
Accounts receivable	281,606
Prepaid expenses	3,475
Total Current Assets	1,843,255
Noncurrent Assets	
Property, plant, and equipment, net	780,276
Due from Almost Home Permanent Housing, L.P.	383,332
Note receivable—Almost Home Permanent Housing, L.P.	82,859
Total Noncurrent Assets	1,246,467
TOTAL ASSETS	\$ 3,089,722
Liabilities and Net Assets	
Liabilities	
Accounts payable	\$ 31,345
Accrued expenses	29,665
TOTAL LIABILITIES	61,010
Net assets	
Without donor restrictions	2,697,186
Board designated	106,660
With donor restrictions	224,866
TOTAL NET ASSETS	3,028,712
TOTAL LIABILITIES AND NET ASSETS	\$ 3,089,722

#### STATEMENT OF ACTIVITY

Support and Revenue	
Grant income	\$ 332,473
Fees for services	316,599
Other development revenue	143,700
Donations	282,434
Special event revenue, net of expenses	120,733
Interest	79
Donations in-kind	107,668
Other income	1,781
Net assets released from restrictions	-0-
TOTAL SUPPORT AND REVENUE	1,305,467
Expenses	
Program services	765,100
Management and general	149,828
Fundraising	130,546
TOTAL EXPENSES	1,045,474
CHANGES IN NET ASSETS BEFORE OTHER CHANGES	259,993
Other Changes	
Almost Home Permanent Housing investment activity	(69,161)
(Loss) gain on sale of fixed assets	(1,209)
Unrealized (loss) gain on investment	(693)
TOTAL OTHER CHANGES	(71,063)
CHANGES IN NET ASSETS	188,930
Net Assets, Beginning of Year	2,839,782
NET ASSETS, END OF YEAR	\$ 3,028,712



**ALMOST HOME** greatly values transparency and accountability—we want you to know everything there is to know about us so you can make an informed decision about supporting or working with us. To access our complete audited financial statements, visit almosthomestl.org/financials.

Thank you!

We are grateful to our individual, corporate, and organizational donors who support ALMOST HOME's mission. Your gifts provide essential resources and life-changing opportunities that our young moms need on their journey to self-reliance.

### INDIVIDUAL DONORS

Mark & Dawn Tamboli

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East Missouri Foundation Edward Jones Edward Jones Trust Company **Emerson Charitable Trust** Engelhardt Family Foundation Enterprise Holdings, Inc. **Fischer-Bauer-Knirps** Foundation Francis Howell North High Franciscan Sisters of Mary God's Grace Church-**Outreach Ministries** Good Shepherd Lutheran Church Graybar Growing Green Inc. Hagen Properties JE Dunn Construction **Company Charitable Fund** Kendra Scott, LLC Knoll Living Trust Laborers International Union of North America (LIUNA 110) Marian Foundation Mary Ranken and Ettie A.

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Association

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In 2022, six bedrooms, our living room, and reading nook were updated through Almost Home's Adopt-A-Room program.

Thanks to these groups (and their awesome decorating skills!), **ALMOST HOME** could welcome new families with a beautiful and peaceful place to call home on their road to a better future.

We need the support of our community to help every young mom that bravely steps forward to break the cycle of poverty. We were especially inspired to see one of our own, alumna Madeline Boykins, return to adopt her former room with the help of her friends and family.

# THANK YOU ALL FOR SHOWING UP AND TAKING THE TIME TO PARTNER WITH US!

Almost Home StaffShelly & Pat RoachBJC CareersStowers RealtyIvy ReadersThe Bookout FamilyMadeline Boykins with SIS Inc.Phi Nu Zeta-Zeta Phi Beta Sorority, Inc.PurinaRealtist of Metropolitan St. Louis



**How does it work?** Individuals or groups paint and/or decorate a private room or common area—and have your organization recognized above the door! Please contact Heather Jacobs at hjacobs@almosthomestl.org or (314) 771-4663 ext. 403.

### COMMUNITY PARTNERS

#### AARP

Affinia Healthcare American Medical Women's Association, Washington University's Chapter Annie Malone BJC Careers Covenant House Deaconess Foundation DeamHI Delivering Good Delta Sigma Theta-St. Louis Alumnae Chapter Delta Sigma Theta-St. Louis Metropolitan Alumnae Chapter

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### Growing Green community partner spotlight



#### PARTNERING TOGETHER FOR TRANSFORMATION

We are thankful and honored to have been Growing Green's adopted charity in 2022. For 50 years, Growing Green has been sharing their passion for nature by working with their clients to develop environments that are happy, healthy, productive, and beautiful.

Their employees volunteered to help us plant a garden for the moms to grow and use fresh vegetables in their meals. They taught our moms wreath-making, and held a class on propagating plants. Additionally, Growing Green gifted us plants to use for décor at our Baby Shower event, as well as Christmas Trees to brighten up our facility for the holidays.

Moreover, Growing Green hosted vendor events throughout the year, raising over \$4,000 to support **ALMOST HOME**!

We are grateful for Growing Green—we have grown in our green knowledge and can't begin to say enough about how much we appreciate their dedicated time and financial support of the young families at Almost Home.

### 2022 HOME LEADERSHIP

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> R. Pat Roach Libby Noonan Camille Scott

HONORARY MEMBER Sue Engelhardt

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## SPECIAL EVENTS 2022

# 12th annual Babu

The ALMOST HOME community came together at our 12th annual Baby Shower Block Party. After a message from Cyan Kelley, Teen Miss Missouri - Princess of America, our guests learned about Almost Home's comprehensive services as they toured our facility. Many were moved by the quality of Almost Home's programming and chose to invest in our work, raising more than \$88,000 to help break the cycle of generational poverty!



#### **empower** virtual fundraising campaign

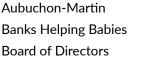
NOVEMBER 10-11, 2022

**JUNE 12, 2022** 

With 204 campaign donors, ALMOST HOME's 3rd virtual fundraiser once again surpassed our expectations. Our generous event sponsors quadruple matched every donation for 24-hours, raising \$138,256 to empower young moms on their road to self-sufficiency.

THANK YOU TO ALL OUR TEAMS!





Gate District West Neighborhood Association The Power Squad Growing Green

Team KB Wise Up!



(From left) Reona Wise, then AH Executive Director, with AH staff; Ronita Herron, Interim AH Director of Program and Performance celebrating in the EmPower photo booth after achieving the fundraising goal; Diane Bauhof, Development Consultant, supported our event volunteers, staff, and board members from our call center.



JOIN US for our 2023 **CMPOWER** event starting at 2pm on November 8th—and celebrate our 30th Anniversary! For news on upcoming events, signup for our email list at almosthomestl.org/newsletter or follow us on social media.

# DONOR SPOTLIGHT Franciscan Sisters of Mary



Franciscan Sisters of Mary Leadership Team presented the Mission Award to **ALMOST HOME** board members and staff. (From left, Sr. Sandra Schwartz, Robert Hagen, Sr. Judith Bell, Reona Wise, Tyronica Dowdy, Sr. Sherri Coleman, Matthew Rossiter, Sr. Susan Scholl.)

#### **150 YEARS** OF HEALING, LOVE, COMPASSION AND SERVICE.

**Thirty years ago**, Sisters Irene Radtke and Jacinta Elmendorf of the Franciscan Sisters of Mary (FSM) acted on their inherent belief in the dignity of women and children, founding Almost Home as an improvement project for homeless single-mother families to learn survival and enhancement skills. In celebration of their 150th Heritage Anniversary in 2022, FSM presented Almost Home with the Mission Award and a generous financial gift. Sister Judy Bell, FSM President and Almost Home board member from 2002 to 2008, emphasized that Almost Home received the award, "as an organization that without a doubt exemplifies FSM values and expresses solidarity with the poor and powerless."

The FSM Sisters' dedicated leadership of the Almost Home team and consistent engagement with the young families since 1993 has been an example of healing and love. They have been involved in many aspects of Almost Home's program, joining in the fun of ice cream socials, celebrations of individual mothers' educational and career achievements, hours of daycare, and simply-but significantly-stopping by to say hello. Sister Judy remembers meaningful times babysitting four children on her own, from a six month-old baby to a four year-old child. She was gratified to see moms proud of themselves when they came back from their jobs, observing that, "they knew they were special, capable, and that they could do this."

IN THE SISTERS, YOUNG MOTHERS AT ALMOST HOME FOUND PEOPLE WHO CARED. FOR THE FIRST TIME THEY SAW A PATHWAY OUT OF POVERTY FOR THEMSELVES AND THEIR CHILDREN.

Through countless diaper drives, Adopt-A-Room decorating, corporate team building days and event sponsorships, the FSM Sisters also established a critical network of partnerships to increase Almost Home's effectiveness in the St. Louis community, including our long-term partnership with SSM Health Care.



Sign up to be an HOME volunteer! ALMOST HOME will work with you to craft an experience that helps our moms gain momentum as it adds meaning to you. Start the process now at almosthomestl.org/volunteer.

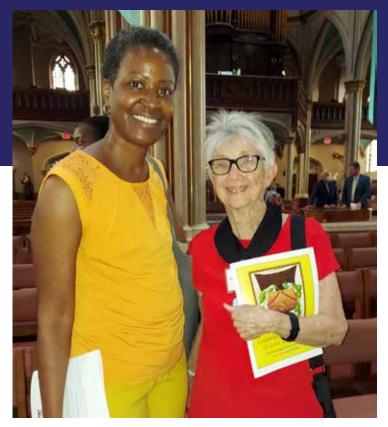
#### THE LEGACY OF THE FRANCISCAN SISTERS OF MARY IS ONE OF **SOLIDARITY WITH THE POOR AND POWERLESS.**

#### The first SSM hospital was started in 1877 by FSM's

founding Sisters only five years after arriving in St. Louis from Germany. Though the sisters are once again a small group, their pursuit of systemic change continues through mission impact investing.

In 2014, FSM released sponsorship of Almost Home into the hands of our directors, staff, and board members, empowering the St. Louis community to invest in its future and directly address the needs of teenage moms facing homelessness.

The legacy of the Franciscan Sisters of Mary is one of solidarity with the poor and powerless, touching thousands of people. Almost Home is delighted to be part of their rich history.



Tyronica Dowdy, **ALMOST HOME** Director of Development, with Sr. Vicki Ewers at FSM's 150th Anniversary Mass in 2022.

#### VOLUNTEER SPOTLIGHT



Sugandha Bollu celebrating her 133 hours of service in 2022 at **ALMOST HOME**'s annual volunteer appreciation event.

#### Meet Sugandha Bollu,

student at Saint Louis University, studying biology and public health—premed track, and one of Almost Home's dedicated volunteers.



Sugandha served over 133 hours in 2022! She has creatively contributed to Almost Home's programming and directly supports moms and their children through tutoring and childcare.

#### "I learn a lot from the babies and the moms—they inspire and motivate me."

When asked what her favorite part of volunteering at Almost Home was, Sugandha stated, "when the kids' faces light up when they see me, when the children open up to me and I can brighten their day!"

As a tutor, Sugandha hadn't expected to develop such deep connections with the mothers—so much so that Almost Home also became another home her!



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30 years of empowering moms

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NOVEMBER 8-9, 2023

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**24-hours to end poverty.** ALMOSTHOMESTL.ORG/EMPOWER

SIGN UP TO BE A MATCHER! Contact Satonya Booker at (314) 771-4663 ext. 415 or email **sbooker@almosthomestl.org**.









